

The Oregon Whitewater Association brings private boaters together for the enjoyment of whitewater boating. Our vision is to promote whitewater safety and training for all of our membership in an effort to provide safety awareness and confidence when executing river rescue skills. OWA is the community of choice where fun and river adventures thrive and where people and rivers connect.



In This Issue

<i>New Year's Float</i>	1
<i>OWA Contact Info</i>	2
<i>Newsletter Submissions</i>	2
<i>President's Corner</i>	3
<i>Main Salmon</i>	5
<i>Holiday Party Recap</i>	7
<i>Recipe of the Month</i>	8
<i>Knot of the Month</i>	10
<i>OWA Trip Calendar</i>	12

January 1st New Year's Float on the Sandy River *Submitted by Val Shaul*

The North West Rafters Association (NWRA) was formed 35 or 36 years ago. Shortly afterward, they started the January 1st float on the Sandy River. Years later, the Oregon Whitewater Association was formed (OWA), mainly from the Portland chapter of the NWRA. There was a little bad blood between the two and so at the New Year's Day float there were two different groups, NWRA and OWA. Later, cooler heads prevailed, and the two groups consolidated into one.

Over the years there has been rain or snow or a nice day. One year I got to the put in and there were only about 6 people total because of the snow. We decided to cancel the trip because we were afraid of the shuttle down to Oxbow. The road down there was icy and really bad! We had a very good day for this year's NYD float! It was good water, 4,000 cfs+, and a sunny day! Lots of old friends and a few new ones joined the run. Most of the boats were catarafts but we did have a few rafts, oared and paddled, and a few inflatable

Continued on page 4

January Club Meeting

Flying Pie Pizza
7804 SE Stark Street
Portland, OR 97215

Wednesday,
January 9, 2019
from 6:00-9:00 PM

Speaker: Bruce Ripley

Topic: Skeena River Adventure (emphasis on ADVENTURE)
(see page 2 for details).

Contact Information



Your OWA Officers and Volunteers

Scott Ogren, President
president@oregonwhitewater.org

Mark Lewis, Vice President - Events
VicePresident-Events@oregonwhitewater.org

Christine Broniak, Vice President - Newsletter
VicePresident-Newsletter@oregonwhitewater.org

Dennis Schultz, Secretary
secretary@oregonwhitewater.org

John Lemke, Treasurer
treasurer@oregonwhitewater.org

Shakya Baldwin, Membership Director
membership@oregonwhitewater.org

Paul Diaz, Technology Director
techdirector@oregonwhitewater.org

Matt Saucy, Training Director
safety@oregonwhitewater.org

Cheryl Ford, Trip Editor
tripeditor@oregonwhitewater.org

Cary Solberg, Advertising Editor
advertisingeditor@oregonwhitewater.org

Jennifer Ogren, Newsletter Editor
newslettereditor@oregonwhitewater.org

OWA list server address:
H2OAddicts@OregonWhitewater.org

OWA web site address:
<http://www.OregonWhitewater.org>

Do you have something you would like to submit to the OWA newsletter? The tale of your latest rafting adventure? The recipe of the best dish you've ever cooked on the river?

Contact Christine Broniak
VicePresidentNewsletter@oregonwhitewater.org

To show our appreciation and to encourage future contributions, the Oregon Whitewater Association will have an annual drawing for a \$150 gift certificate to one of the OWA sponsors. Every member who submits written material that gets published in the newsletter will automatically be entered into the drawing.

January Meeting Speaker

Topic: Skeena River Adventure (Emphasis on ADVENTURE)

Speaker: Bruce Ripley

Description:

The Skeena River is the second longest river that's completely inside the British Columbia, with the Frazier being the longest.

It originates on the southern end of the Spatsizi Plateau and flows north to south over the first half of its course and east to west on the latter half, entering the ocean at Prince Rupert near the Queen Charlotte Islands.

This adventure begins with 4 brave souls, two boats, and a float plane on the afternoon that Hurricane Katrina hit New Orleans and ends 13 days later at the confluence of the Skeena and Babine rivers near Kispiox, British Columbia. In between is a story of a fishing expedition turned into the best real-time safety class that you could ever sign up for. In the end fish were caught, some of which show the remarkable productivity of the fisheries. In that region, lessons were learned, and many stories were hatched.

Speaker Bio:

Bruce is a past president and vice president of the club and is active as an advisor to the current board.

He hails from West Virginia where he met his wife Sherry and started what has become a 30 year adventure that's led from Maine, to Idaho, and ultimately to Oregon.

Despite growing up near some of the best whitewater in the world Bruce didn't catch the rafting bug until he moved to Idaho.

Quickly making up for lost time Bruce learned quickly how to navigate the waters around Boise and has been branching out ever since and the "ToDo" river list grows shorter each year.

It's Another New Year! *by Scott Ogren*

The beginning of the year is always an exciting time for the OWA Board as every year some people are transitioning out and new people are transitioning into new board positions. The energy of the new board members is exciting to be around and I'm looking forward to seeing how the new board members make their mark on our club.

I would like to thank everyone whose Board of Directors term ended in 2018 for volunteering to serve the OWA. Without the volunteer efforts of everyone involved, we wouldn't have the great club we have! It takes a village and we are always very grateful for all the help we get. Many thanks to Tom Lofton, Bill Warncke and Ben Corrado for their years of service to the OWA as Treasurer, Safety Director, and Tech Director respectively.

One thing I always love to do is to introduce people to whitewater boating. I recently did that and took a friend down the Upper Clackamas last month. Being a flatwater boater, she was absolutely thrilled to go on a whitewater trip in the winter and stunned at the beauty of the river at a time of year many people don't think of venturing out to it. I'm looking forward to 2019 being another great year of boating and introducing more people to the rivers we all know and love.

Do you have any river trips you would like to lead for the club? We are always looking for new trips to add to our trip calendar and would love to add your trip! Whether it's a one-day trip or a multi-day trip, please send an email the club Trip Editor, Cheryl Ford at tripeditor@oregonwhitewater.org with your next river trip and she will put it on the club calendar.

Speaking of river trips, the next multi-day club trip is the Rogue trip in February. Look for the sign-up to be out soon and if you plan on going, sign up quickly as this is a very popular trip! You've heard this before and you'll hear it again, OWA has an extensive Wilderness First Aid kit and an AED that goes on all club trips and is available for club members to take on private trips as well. I encourage you all to take both with you on your next private trip. You can check them out by sending an email to firstaid@oregonwhitewater.org

This and That

The February Pool Session meeting is coming up next month. This is a great time to brush up on some rescue skills and maybe learn something new. The pool session will be February 13, 2019 at the North Clackamas Aquatic Center. This will be a busy week for the club as those who are going on the Rogue trip will be leaving just a few days later.

Also, a reminder of the newsletter article drawing and the meeting speaker drawing that will happen at the end of the year. If you submit an article for the newsletter, you will be entered into a drawing for \$150 at a club sponsor. If you give a lead on a speaker who speaks at a meeting in 2019, you will be entered into a second drawing for \$150 at a club sponsor.

January OWA Meeting

The next meeting will be at our usual meeting place – Flying Pie Pizza in SE Portland. Please join us as we get another year started with an exciting list of speakers in 2019!

***Are you current on your dues?
Pay online with PayPal!***

***[www.oregonwhitewater.org/
dues.html](http://www.oregonwhitewater.org/dues.html)***

New Year's Float



New Year's Float: Continued from page 1

kayaks and regular kayaks. I counted 16 boats but I'm sure there were more.

After a safety talk, we were in the water. Like I said, the water was good. Most of the rocks were covered and we had no big mishaps. The Sandy is an easy river so we just enjoyed the scenery and the sun. This had to be one of the sunniest days I have rafted the Sandy in the winter! At the take out, everyone seemed to work together getting the boats out and loaded up. Afterwards, we were off to the BBQ in Oxbow park. The Disabled American Veterans, Chapter #1 in Portland brought pulled pork (Thank you Don Smith, Manager at DAV), others brought stew, "Kerry's (meat) Balls"; and a variety of deserts to name some. I was too full to eat a little of everything.



We had a nice fire. It was sunny but the eating area was in the shade and it was cold! All in all, everyone had a good start to their New Year. I want to thank everyone for coming to help celebrate the New Year and I want to personally thank the new(er) disabled Veterans from Team River Runner who came out in the cold to try rafting. Also, I want to thank Oxbow Park for giving us free access to the picnic area.

I have been trip leader for quite a few years and hope to be trip leader for many more. I hope this trip will be around long after I'm gone. It is a great start to the (rafting) New Year!

You can put it on you calendar for next year.

RAFT TRIP ON THE SANDY RIVER
1/1/2020



Main Salmon Fall Trip

Submitted by Christine Broniak and Asher Bohatkiewicz

On Friday, September 31, 2018, my fiancé Asher and I set out from our home in Portland, making our way to the take-out of the Main Salmon River (Carey Creek Boat Ramp) in central Idaho. Initially, I had some trepidation when I heard that it was called “The River of No Return;” I later learned that the phrase came from the fact that the wooden boats the pioneers brought down the river would be taken apart for their materials, which would be used in the pioneers’ homesteads and, as such, not return.

We met the first group of our friends (Jen, Greg, and Dianne) at the boat ramp and left our vehicle, hopping into Dianne’s car and beginning our long shuttle to the put in. The drive was well over eight hours, but between the excellent company and the beautiful view, it didn’t feel so long. The drive took us along the gorgeous Lochsa River, and it became a game to try to identify key rapids at such low water, which proved much more difficult than expected. We arrived at the put in at the Corn Creek boat ramp well before dark, meeting the rest of our motley group of friends (Sara, Stacey, Brian, Jennifer, and Crista.)

After rigging up our rafts, we set up camp and enjoyed a makeshift dinner and the company of our good friends. Our first major group decision came about the morning of our launch: when to enjoy the hot springs that lay not far downstream from Corn Creek? After some debate, we decided to set up camp just upstream of the springs and visit in the morning of our second day. Our decision made, we set out for our first day on the water.

At the first camp of our trip, we were treated to delicious pulled chicken and salad that Crista had made.

Continued on page 6



Main Salmon: Continued from page 5

On our second day, we encountered Black Creek Rapid the first thing in the morning. After a short scout, we decided to take the left line down a tongue that ended in some big lateral holes. It was the kind of rapid where you can feel the boat picking up speed, surging forward, as you drop into it; it was a moment to remember. Just a bit further downstream, we arrived at the hot springs. The masonry tub was at the top of a short climb up a hill; we carefully watched for poison ivy (which is ever present on the Main) as we made the climb. Accounts vary as to what this hot spring is called; the map called it "Masonry Hot Springs," but others called it "Barth Hot Springs." According to the map, "Barth Hot Springs" is actually a scalding-waterfilled crack in the earth near the springs we soaked in. Regardless of its true name, however, the spring was divine. We lingered there for about an hour, soaking and laughing with one another, before we pulled the plug to empty it and set off once again.

We arrived at our camp directly above Big Mallard rapid and set up for our first layover day. On our third day, our first layover day, the weather was magnificent, with full sun and balmy temperatures. We had a heated inner tube race, with unicorns and red and blue tubes vying for dominance. After my failed attempt to win the race and an inglorious swim, Brian threw me a rope so I didn't have to hike back upstream to camp. Asher, Greg, and I worked on our inflatable kayak technique in the small layover rapid, catching eddies, ferrying, and riding the waves.

That night, before an enjoyable costume contest, I walked downstream to scout Big Mallard Rapid. I was wary because I was so far above it when scouting, which can make a rapid look much smaller than it is, but there was a straightforward line through. Despite some trepidation about this rapid, our group got through it with aplomb the next morning.

Elkhorn Rapid was a notable rapid as we adjusted lines on the fly, while another group of rafters and cat boaters had a swimmer. Shortly downstream from Elkhorn, Asher was knocked out of his inflatable kayak by a lateral wave. Jen and Greg swooped in and scooped up his floating paddle while he pulled himself back into his boat.

We had our second layover day at Swimming Hole camp at mile 61. This camp gave Stacey a good chance to use her electric yellow jacket zapper racket. We zapped many yellow jackets that day, each of us engaging in some well-earned revenge against those tiny black-and-yellow monsters. They were everywhere. Jennifer got stung several times. In fact, nearly everyone on this trip was stung at least once over the

Continued on page 7



Main Salmon: Continued from page 6

course of our adventure. To beat the heat and escape the insects, we swam and floated around in the gorgeous swimming hole (just upstream) for which this camp was named. On our short float back to camp, just as we began to pull out of sight of the swimming hole, we witnessed some goats warily making their way down to the water for their turn.

Our camp on the final day of our adventure was just a few miles upstream from Carey Creek. We visited with another group at a neighboring camp to enjoy their makeshift Paco Pad slip-n-slide before coming back to our own camp to paint our faces with paint Jen had brought. The sand at this camp was magnificent; it sparkled and shone bright in the sunlight due to the mica content of the rock. We enjoyed an incredible run through Vinegar Creek rapid; we picked up so much speed going into this steeper rapid that Crista and Asher were both able to punch straight through the big hole in the center in their inflatable kayaks. A short while after, we reached the packed takeout and waited for our turns to unload.

On the way back we visited the Painted Hills of Oregon and the world's largest living organism under the ground in Malheur National Forest. A few months on, it's a bit of a struggle to remember particular details of the trip. Details change and blur together in our memories, as is so often the case. Like many trips, it is imprinted in our memory as a collection of key moments; isolated, vivid memories of a time spent with good company on a stunning river.

2018 Holiday Party

It was that time of the year again and OWA members gathered with friends and family to enjoy the Holiday Party. The party took place on December 13th and included an ugly sweater contest as well as a white elephant gift exchange. Highlights of the party include Merrill (Sam and Katie's daughter) becoming the youngest person to ever win the Ugly Sweater Contest. Notable gifts in the white elephant exchange were disco balls, a bag of straps, a box of carabiners, and plenty of Fireball bottles. This was an event to remember to celebrate the season.

Recipe of the Month

INGREDIENTS

- 1 C Sugar
- 1 C Peanut Butter
- 1 Egg
- 1 Bag M&Ms



Delicious Peanut Butter M&M Cookies

Submitted by Brandi Farris

DIRECTIONS

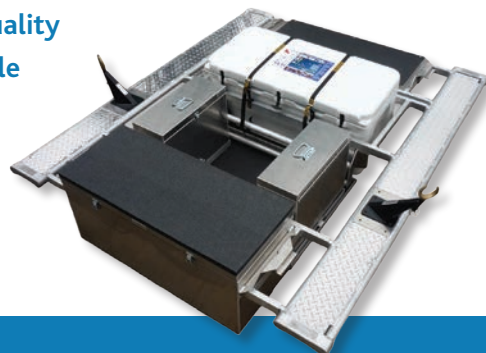
Preheat oven to 350 degrees F.
Combine Sugar, Peanut Butter, Egg, and desired amount of M&M's.
Bake for 6 to 8 minutes at 350 degrees F



29342 Highway 34
Corvallis, OR 97333
541.757.7567

World Leader in Whitewater Products

- Custom aluminum frames to fit you
- All American made quality
- 43 years of dependable delivery and integrity
- Conscious green manufacturing
- Large inventory now in stock



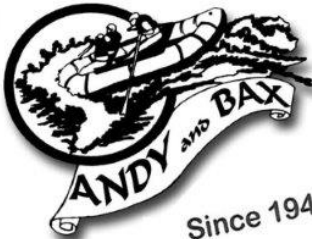


Whitewater rafting down one of the most challenging rivers in North America?
Your journey begins and ends at Scotty's!

Scotty's Hells Canyon Outdoor Supply and Shuttle Service
P.O. Box 149 • Highway 86 • Oxbow, OR 97840
1-800-785-3358

ANDY AND BAX

***10% OWA Member Discount on Whitewater Gear & Accessories**



9:00 - 6:00 Monday thru Saturday
Friday 'til 8:00pm

Whitewater Specialists

— Sales & Service —

AIRE

M MARAVIA

YETI COOLERS



NRS

O-SYSTEMS

tributary

MAXXON BY DURATECH



324 SE Grand
Portland, Oregon 97214
503-234-7538
www.andyandbax.com

"Not for Children or the Faint of Heart"

ZiplineX 503-520-0303
"The Experience"

Eight Zip Lines
Eight Aerial Bridges



www.bungee.com
at the intersection of NE Healy Rd.
and NE Belvins Rd., Amboy, WA 98601

BUNGEE jumping



Knot of the Month

Knot of the Month 2 Point Self Equalizing Anchor

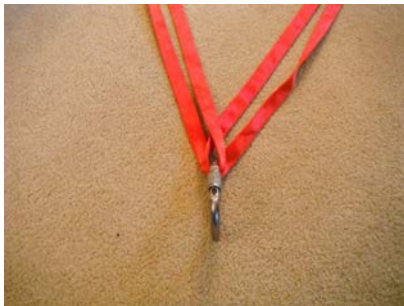
Steve Kasper



Step 1: Tie webbing between 2 anchor points, and pull a second bit out toward you



Step 2: put a 1/2 turn in the inside loop



Step 3: Clip a carabineer into the loop you just created and the outside loop. It is now ready to anchor your load.

This is great to use on land as an anchor or through 2 parts of your frame on the boat.

NEXT ADVENTURE
Portland's Alternative Outdoor Store

Come visit our:

PADDLE SPORTS CENTER

704 SE. Washington St. | 503.233.0706
Portland, Or. 97214 | kayaks@nextadventure.net

10% OFF EVERYDAY FOR OWA MEMBERS
(EXCLUDES KAYAKS)

MADCATR

MADCATR CREATIONS - CUSTOM FABRICATION

CUSTOM FABRICATED STAINLESS STEEL AND ALUMINUM
RAFTING & RIVER EQUIPMENT

Rowing Frames Dryboxes/Kitchen Boxes Fold Down Oar Towers Cargo Modules Specialized Gear

DAVID NISSEN

Designer - Fabricator - River Rat

madcatr.com
 madcatr@aol.com

Phone: 509.588.4082 (Home)
 509.947.1862 (Cell)
 PO Box 5013 Benton City, WA 99320

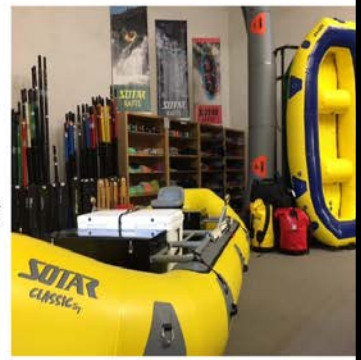


Rafts, Catarrafts & Kayaks

All SOTAR's are hand built in our Factory located in Southern Oregon.

SOTAR takes pride in handcrafting

State Of The Art Rafts
 one at a time.



SOTAR
Custom Inflatables
 1-800-GO SOTAR - WWW.SOTAR.COM

Since 1980

Store & Showroom Hours
 Open year-round 9 am-5 pm (Mon-Fri)
 Saturdays April 15th - September 15th
 9:00 am to 12:00 pm

SOTAR
 724 Ort Lane / PO Box 649
 Merlin, OR 97532



CENTRAL IDAHO RIVER SHUTTLES

Shuttling the Salmon River: Middle Fork, South Fork, Lower Gorge, and the Main. Also Hells Canyon and the Selway River.

(208)507-1830 pat@centralidahorivershuttles.com
 www.centralidahorivershuttles.com

Upcoming Trips

Submitted by Cheryl Ford,
Trip Editor



UPCOMING OWA TRIPS

TRIP	DATES	TRIP LEADER	CONTACT INFO
2019 - Hood River Run, Class III+	January 19, 2019 10:00 am - 4:00 pm	Zach Collier	zach@nwrafting.com
2019 River Rat Sundays, Clackamas River	January 20, February 17, March 17, 10AM	Doug Martison (1/20,3/17) Val Shaul (2/16)	valshaul@frontier.com , 503-805-8991
2019 Rogue River President's Day Trip, Class III/IV	Feb 15th-18th, 2019	TBD	sign up online
2019 Molalla River Run, Technical Class III-IV run	March 10th, 2019 9:00 am - 4:00 pm	Scott Harvey and Cheryl Ford	fordaccount@comcast.net
2019 Deschutes Spring Break Trip, Class II/III	March 22nd-24th, 2019	Scott Ogren	scott@scottogren.com 503-267-9785
2019 Boulder Run of the North Santiam, Solid Class III+/IV	April 6th, 2019 9:00 am - 5:00 pm	Scott Harvey and Cheryl Ford	fordaccount@comcast.net
2019 Tax Relief Float, Deschutes River, Class III/IV	April 14, 2019 9:00 am - 2:00 pm	Bill Goss	zann@msn.com , 503-757-4659
2019 John Day River, Stem to Stern, Class II	April 26-May 7, 2019	Tom Riggs	503-705-5783
2019 Lower North Umpqua OWA/NWRA Trip, Class II/III	April 26-28, 2019	Brenda Bunce	brenda.bunce@gmail.com
2019 Grande Ronde River, Class II/III	May 10th-12th, 2019	Eric & Candace Ball	balle@pocketinet.com , 509-525-6134
2019 Rogue Lodge Trip, Class III/IV	May 17th-20th, 2019	Van McKay	vanm1@aol.com 360-737-3148

For additional details on upcoming trips or to view past OWA trips go to <http://oregonwhitewater.org/calendar/trip-calendar>



DUSTY'S RIVER LOGISTICS

CUSTOM WHITEWATER ROWING
FRAMES & ACCESSORIES

SPECIALIZING IN

SOTAR AIRE NRS
RAFT AND CATARAFT PACKAGES

WE ARE OREGON'S SOTAR DEALER
WITH MANY SOTAR BOATS OVER 20% OFF.

ADDITIONAL ITEMS ARE 10%-20% OFF:
EDDY OUT FRAMES AND DRY BOXES,
YETI, NRS & CANYON COOLERS, CATARACT
& SAWYER OARS, NRS GEAR AND APPAREL,
WHITEWATER DESIGNS GEAR, SOTAR GEAR

541-979-5646

DRLRIVERGYPSIES@GMAIL.COM
WWW.DRLRIVERGYPSIES.COM



Top Quality River Gear Since 1979.



Cascade

RIVER GEAR

The River Specialists formerly known as Cascade Outfitters.

CascadeRiverGear.com | 800-223-7238
604 E. 45th St. Boise, ID 83714

Need Assistance?



Grand Canyon Outfitting

Let Ceiba handle
"The Whole
Shabang!"

equipment - food
shuttles - logistics

RIVER EQUIPMENT RENTAL



www.ceibaadventures.com
1-800-217-1060

Join the OWA!

Don't you wish you were here? The Oregon Whitewater Association brings together experienced rafters and new friends for adventures like this!



OWA member Stefanie Ferrara of Gold Hill in her patented inflatable drift boat pulling hard for the cut at Blossom Bar in September, 2018. Fellow member George Read of Bend in the background waits his turn. Photo by Paul Vermilya.

OWA MEMBER DISCOUNTS

The following businesses provide generous discounts to our members!

Go to <http://oregonwhitewater.org/about/member-codes> for terms and conditions and on how to redeem codes.

 **AMERICAN
WHITewater**
\$10 Discount off AW membership

 **10% Discount**

 **15% Discount
on everything
except boats**

 **40% Discount
on unlimited
items per year**

 **10% Discount
In Store
15% Discount
Online**
Inform · Outfit · Excite | Est. 1997

 **50% Discount for up to 2 pairs**
POLARIZED OPTICS

 **15% Discount on non-sale items
Free shipping on orders over \$49**