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NEXT OWA MEETING

Wednesday, September 12, 2012

River Connections

2804 NE 65th Ave, Bldg. D
Vancouver, WA 98661

6:00 pm

Social hour, replica display,
visit with River Connections

6:30 pm

Pizza served and announcements

7:15-8:15 pm

Featured presentation

(next door at First Friends Church)

2710 NE 65th Ave
Vancouver, WA 98661

RIVER TIP

Submitted by Tom Hanson

On overnight trips, if possible, pull your raft or cat completely up on shore so it is not bobbing in the river all night. Rubbing against a rock or tree root can cause damage to your boat and, possibly, create a flat tube by morning. Also, always carry enough shore line to reach the nearest tree or stable object. I carry two 100-foot lines.

Oregon WHITewater ASSOCIATION

Volume 13 Number 6

July-August 2012



**TRIP
REPORT**

[Click here for more information on the Rogue River at the OWA website](#)

Rogue River Lodge Trip

MAY 18-21 • Submitted by Van McKay

Ric Buhr was a guide on the Rogue and other rivers for decades. This annual trip with friends and family continues after his passing. We had eight rafts, three cats and one inflatable kayak – and nearly all the boats were made by SOTAR. No one got badly stuck because everyone practiced safe and prudent, but fun rafting. One raft did get stuck at the bottom of Fish Ladder at Rainie Falls. However, with quick maneuvering the captain was able to push off the rock. Another raft struggled on the same rock and was fortunately knocked off by the next raft. Support people were staged on the riverside and one threw a rope and the raft was pulled off fairly easily – a really nice quick rescue after being stuck for less than four minutes.

>> [CONTINUED ON PAGE 6](#)

Oregon Whitewater Association is dedicated to preserving, protecting and promoting Oregon's rivers for the safe enjoyment of both public and private non-motorized boating, now and in the future. We advocate fairness in accessibility to river resources and provide a voice for responding to river issues and management concerns.

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PRESIDENT'S CORNER

BY BRENDA BUNCE

Hello Fellow club members,

Happy Summer to you all. OWA has so far enjoyed many successful events this summer and there is more to come.

Our Wilderness First Aid class in May was a huge success and proved to be invaluable beyond our expectations! There is so much to know in being prepared and confident in developing your first aid skills in the remote wilderness. The instructor, Abi, from Sierra Rescue was superb and of course a HUGE thank you to Bruce Ripley and Sam Drevo for organizing this event. Jessie and Merrie King also volunteered to make this event smooth.

OUR NEXT CLUB MEETING WILL BE ON SEPTEMBER 12.

Social hour at 6:00 at River Connections in Vancouver (2804 NE 65th Ave, Bldg. D Vancouver, WA 98661), Pizza is served at 6:30 and the presentation starts at 7:15 next door at the first friends Church.

September 9 is the 10th annual **Down the River Clean Up** on the Clackamas river. They are looking for volunteers for Kayak POD Leaders, Raft Captains, Garbage Scows, Registration and Material Recovery Leaders and event sponsors.

If interested or have questions email Event Coordinator, Staj Pace, at staj@welovecleanrivers.org or call (503) 512-9527.

Be safe everyone and enjoy our wonderful rivers,
Brenda



Mark your calendar for the annual club picnic and gear swap on August 11. This is a great opportunity to meet fellow boaters, plan trips, practice knots and eat great food.

As always, we love to read your trip reports!

Share your unique adventure with the club and send us your trip report to share with all in the newsletter.

[[click here to read](#)]



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14th Annual Women's Trip on the Lower Deschutes River

JUNE 15-17, 2012 • Submitted by Carol Beatty

On June 15, 2012 at 10:00 AM, 17 women with 10 boats and one IK were geared and ready to push off from Buck Hollow for the 14th Annual Women's Trip. It was a glorious day with clear skies and no wind.

Participants were: Carol Beatty, Joan Rogers, Allison Bechtol, Reenie Summers, Pat Barry, Joy Cleaver, Anne Walsten, Pam Maxwell, Suzi Richards, Chris Hanley, Heather Russell, Celeste Brody, Ann



Suzi Richards teaching Allison Bechtol rowing techniques

Miller, Faye Sander, Maria Winner, Erika Winner, Paula Minear.

It was a group of seasoned boaters mixed with beginners anxious to hone their boating and camping skills. A number of the women had been on the trip before and were veteran Colorado Rowers while others were novices on the oars still learning how to park a boat in a long line of boats at camp.

That's the whole purpose of the trip is to assemble a diverse group of women who are highly skilled boaters with women who want to be highly skilled. Both groups always learn from each other. No one ever gets impatient, edgy or critical of how any one in the group is doing.

We were lucky on camps this year: got Lower Beavertail Camp

on the first night and Fall Canyon Camp the last night. Someone had mowed down all the spring grass at Fall Canyon, making pitching tents and setting up the kitchen a non chore. There wasn't as much river traffic as in years past.

This year there were two sister combinations: Carol Beatty's sister, Joan Rogers, was her boat buddy. Suzi Richard's sister, Chris Hanley from Texas, joined Suzi Also, Heather Russell, Suzi's niece, who has learned how to row from

Suzi, was rowing her own boat

And, Maria Winner, a Colorado veteran, and her 21-year-old daughter, Erika, shared their 16-foot cataraft.

On the last day, we had an extra strong upstream wind, tougher than normal. That just meant everyone got experience staying in the current to let the river do the work with the wind cranking so hard.

Next year's Women's Trip is June 14, 15, 16. Happy boating

Whitewater Women: A Reflection

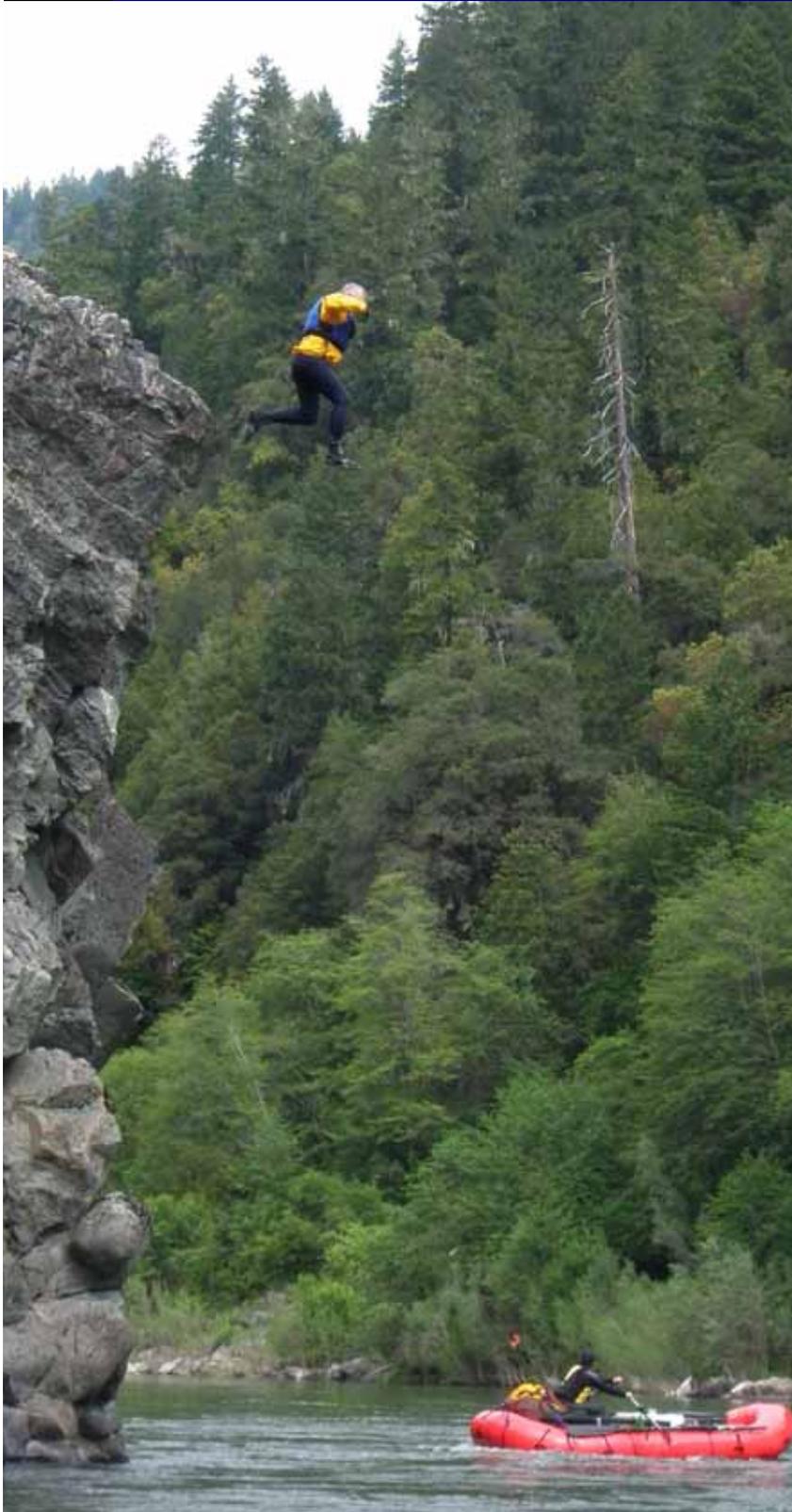
by Celeste Brody (with an introduction by Carol Beatty)

The following is a reflection piece Celeste Brody wrote for her writing group about her many years as a whitewater boater. She wrote it after being on the Women's Trip June 15-17. The idea for the article began when younger women on the trip were asking about her dinner menu and her early years in boating. I so enjoyed her perspective that I asked her permission to put in the OWA newsletter.

I came off a three-day women's trip on the Lower Deschutes River yesterday and experienced that feeling of satisfaction and accomplishment that I only get when I row whitewater. I used to say that rafting was the only sport I did with my heart in my mouth. The thrill of successfully negotiating rapids in nuanced ways or simply just making it, as we would say, captured me. But I love even more the simple repetition of rowing and the relaxed state that the rhythm of the river creates in me.

It wasn't always like that and it certainly wasn't that way back when my husband John and I started boating in California 40 years ago. It's the old saying that we didn't know what we didn't know or we may not have taken rafting up. We began as paddle boaters on California's American and Stanislaus Rivers. We were full of ourselves, and strong and we found a few friends who had the passion we did to learn this new sport. Others in my group of friends did give it up: one gal never set foot in a boat again after her long swim in Class IV whitewater that tested her endurance after a boat-flip. A few weeks later my brother and friends returned home from a trip on a swollen

>> [CONTINUED ON PAGE 8](#)



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Everyone helped everyone else during the trip and the pace of the trip was easy. Two people jumped off "Sports Illustrated" rock.

The weather was kind to us for most of the trip. The first three days were sunny to cloudy with temps to the mid-70's which is very good for this time of year. The final day was not cold but halfway through started to have light showers.

We saw many forms of wildlife: black tailed deer, bald eagle, osprey and one with a fish in claws, jumping fish, buzzards, common mergansers, Canadian geese and goslings, mallard ducks, duck with ducklings, great blue heron, stellars jay, western fence lizards, dippers, killdeer, starlings, swallows, hummingbirds and western pond turtles. No black bear sightings this year. The native white dogwoods were blooming as well as mock orange with its intense fragrant flowers.

We ate Swiss steak at Black Bar Lodge, outstanding pork ribs at Marial Lodge and tri-tip and chicken at Paradise Lodge. The Au Gratin potatoes at Paradise with smoked Gouda cheese, heavy cream and Italian seasoning were awesome. People played horse shoes and bocce ball and some enjoyed the sauna at Paradise Lodge.

A very sad and grisly event happened while we were one-and-a-half miles upstream of the Rogue River Ranch on Saturday. A 19-year old male was hiking with friends

two weeks prior and fell into the river at Rainie Falls. Just downstream he stepped on a slippery rock trying to take a photograph of the falls. He slipped into the river, popped up twice and went under for good. Another rafting group discovered his body earlier in the day. They left a white flag on a branch above the body for the BLM. When we passed by, a ranger was waiting in a raft while they prepared to remove the body. Many in our party saw the body and those who had closely experienced death of loved ones were very affected. A sobering reminder of how precious life is and how strong the river water can be.

A highlight for everyone was the annular solar eclipse. An annular solar eclipse is where the moon nearly covers the sun leaving a ring of sun around the moon. If the moon were closer to earth in its orbit a total solar eclipse would occur. At Paradise Lodge we were lucky to be just within the central band of totality. The big question was whether we would be able to see the eclipse due to the forecasted clouds or whether the sun would set behind the steep hills surrounding the lodge prior to totality.

Late afternoon the heavy clouds turned into thin high clouds. The author purchased enough solar filter sunglasses so everyone could look directly at the sun. The edges of the moon and sun were amazingly sharp while the black circular moon crept for two hours over the sun. When looking at the people viewing the eclipse with funny glasses one wondered if they were in awe of the eclipse or just waiting to be beamed up. We cheered when the moon finally covered



Trip members observe the solar eclipse with solar filter lenses

the sun during a five-minute totality with a perfect Ring of Fire around the moon. A few minutes after totality the sun began to disappear behind the hills. The eclipse gods were with us! It was a beautiful evening with everyone gathered on the beautiful grassy field/airstrip with cows in the distance.

It was the first OWA trip for one couple. They wrote that the Rogue was a new river for them. They sent their money to someone they never met, for a river trip they had never done before, and hoped it would all turn out fine. They started this adventure with some uncertainty about the whole experience, but ended with a new set of friends and a new river to enjoy for many years ahead. The leadership that Van McKay provided,

both in terms of the logistics and the plans for each day, provided the right level of coordination and flexibility. They knew what to expect, where to meet, when to be there, etc. The trip was a great success for them.

A single male wrote that he was apprehensive about joining this trip as he wouldn't know anyone and would end up feeling like a loner in the group. He said he could not have been more wrong as the group was outgoing and he was welcomed and included from the start. The combination of the accommodations, the weather, the river and the camaraderie made for an unforgettable experience.

Next year the trip is from May 17-20. If you want to go, mark your calendars.

Whitewater Women

CONTINUED FROM PAGE 5

river where they witnessed a man drown. Their somber fear was so palpable that none of us set foot in a boat for months. Those kinds of incidents bred caution in me over time such that I became safety conscious even before I knew how to avoid conditions that gave rise to the problem. But torn boats that needed immediate repairs were common and most of the time that was simply a matter of our boating skills or the poor quality of our boats.

The weekend of June 15 there were 17 women and 10 boats with several "newbies" who were learning how to row or paddle an inflatable kayak. I sensed the jitters in some of those gals since I wasn't immune to them either. But by the second day I had a young woman following me closely down the river and I made sure that I was a worthy model of raft technique. Soon the more senior women among us were talking about "how it used to be" because so much has changed over the 40 years that I have been boating. First, there was the number of boats in our party: 10 in all and mostly cat boats. It wasn't like that "back when." Boats needed to be bailed... And, so you always welcomed a passenger, often two passengers on an overnight trip. Any baggage for camping needed to be tied in individually with handmade knots. When cam buckles were introduced in the early 1980s along with toughly constructed drybags, coolers, chairs and even folding tables, life became easier on the river, and more people, not to mention women, entered the sport.

But when we moved to Oregon in 1983 and joined the NWRA in Portland, I was among only a handful of women who rowed. We were unique and we soon began working together to figure out the problems of setting up a craft and a frame to fit our smaller statures, managing the heavy oars or just learning how to put the boat where we wanted it to go without muscle power. What came from directly the manufacturer didn't work for most women-sized bodies. That meant that women boaters in those days – before cat boats – were typically assiduous and often exceptional boatmen (that term was adopted by both men and women without gender consciousness). I'd go with

my friend, Alexis, out to the steady Willamette River to try and figure out what length oars we needed and where the oar stands should sit on our frame. We would futz, changing out oars, discussing the leverage and advantages of each system and ultimately translating what we had learned together into crafts that worked even better for us. Or we took a day to float the Class IV section of the challenging upper Clackamas River just to practice a downstream ferry on the major rapids, a mandatory maneuver for moving your boat with the current so you could put it in a safe place with less expended energy. Alexis told me I needed that skill before I could safely row the big daddy of them all, the Colorado River through the Grand Canyon in my 14-foot raft – a craft that is usually considered too small for that river but one that I could handle myself.

And so women's clinics and women's trips began. Carol Beatty has been doing this Father's Day weekend for 14 years and the women keep coming. This weekend she kept a close eye on her charges, and made sure that those who were more experienced, shepherded down those who were learning. She pulled the group over to discuss how to anticipate a tricky shore landing in fast water. She held morning meetings to describe the challenges and opportunities of the day and never failed in giving praise to everyone. At the end of each day grins slowly enlarged into boisterous and full-on laughter as we relaxed with a sense of satisfaction in the day's accomplishments.

Around the dinner circle Saturday night, I felt compelled to explain the meal I had prepared: when I cooked, "river slaw" was on the menu, a staple of mine since we began multiple day rafting trips with small coolers and no way to store vegetables. But cabbage and carrots will stay for days in a dry bag and so the last night's meal, or the last week's meals were, and still are, accompanied by a slaw. This item has evolved over the years and now I can simply purchase bagged grated cabbage and carrots, but I wouldn't miss the opportunity of explaining how it was back then. We cooked on a small white-gas fueled stove balanced on a recovered log. We sat on thinsolite pads, not lawn chairs and bent over army issued radio bags instead of a table... Ah, those were the days! And those were younger bodies with passionate spirits working towards the memories that we now hold dear.

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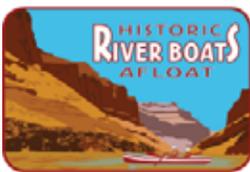
6:00 PM: SOCIAL HOUR - REPLICA BOAT DISPLAY - RIVER CONNECTIONS VISIT
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Wilderness First Aid Class at Dodge Park

Submitted by Crista Wakefield • Photos by Ann Stephenson

It was the first really warm and sunny weekend in May and the trees and flowers were in full bloom in Dodge Park with the river running by. It was the perfect setting for blood, heart attacks, bee stings, snake bites and broken bones. Those were just some of the potential issues that we learned how to deal with in the Wilderness First Aid Class. The Class was taught by Abi from Sierra Rescue and assisted by Julie, Tanika, and Pat. Abi and her assistants were very knowledgeable and personable and made sure that every one had a good experience. I have taken several first aid classes in the past and this one was the most hands-on, informative, and relevant class I have taken. It was great to learn the differences between back country and front country first aid.

When I arrived Friday afternoon, I found people being rolled around on the grass and soon discovered the class was learning the proper way to roll an injured or unconscious person. The rest of the day was learning how to assess and treat a victim including using a maxi pad as a bandage. (It was very amusing watching the men with that one.)

>> **CONTINUED ON PAGE 11**



Ron Belknap



Jim in repair



Brenda and Vic

The main lesson of that first day was how to assess patients using the AVPU method, looking for signs of awake, verbal, pain, or unresponsive. I also discovered many more uses for a Sam's splint than I ever thought possible and will definitely be adding one to my first aid kit.

We were warned ahead of time to bring clothes that we would not mind getting fake blood on and that was a fair warning. Most of the weekend was spent with scenarios where we were teamed up and one person would be the victim and it was up to the others to try



The Tretter family

and save their life. By the end of the weekend I had severed my femoral artery, broken my ankle, been hit in the ribs with an oar, had contusions on my forehead and arm, suffered from over hydration, been stung

by bees and bitten by a snake. In short we had the opportunity to practice what to do in nearly any situation that might come up. At times it was a little unnerving but mostly I was impressed with the way my WFA class members reacted to the situations and used level heads and deductive reasoning to know what to do. The instructor and assistants were available to answer questions and gently guide us in the right direction when needed. Overall I feel much more prepared to be out in the wilderness and I am grateful for the opportunity to learn these skills.



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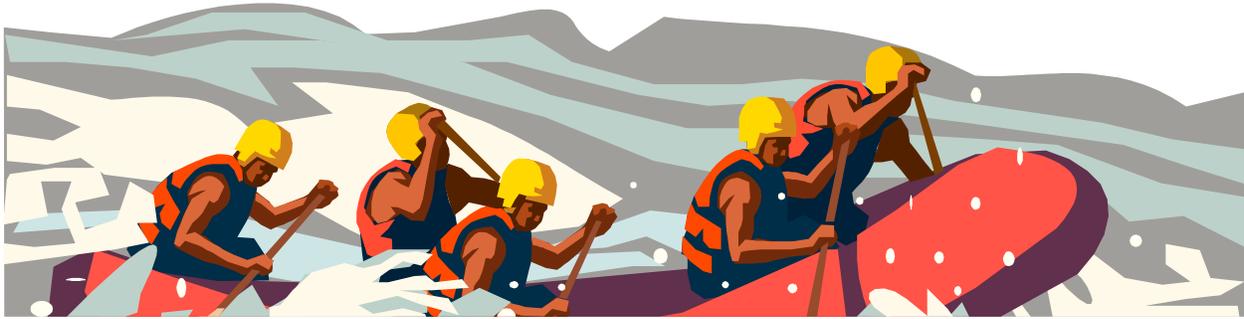
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OWA Summer Picnic (and Gear Swap) at Eagle Fern Park

DETAILS

Saturday, August 11 11:00am-3:00pm
Eagle Fern Park (Area 1)

*27505 SE Eagle Fern Road
Eagle Creek, Oregon 97022*

- There is a large covered shelter, with picnic tables (so come rain or shine)
- Picnic tables located right next to the beautiful Eagle Creek.
- Throw rope and knot tying competition (bring a throw rope)
- Games will be provided for children – feel free to bring your own
- Located next to playground
- DOGS allowed
- Alcohol is allowed in the park, so bring your own

GEAR SWAP AND SALE:

Swap or sell your new or used boating gear. From boats to bags, all gear is welcome. This was a huge success last year!

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BRING: A pot luck side dish or dessert, lawn chair, the whole family

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DIRECTIONS

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By Steve Kasper

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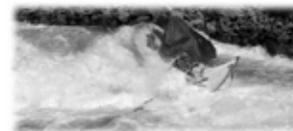
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Trip Calendar

Submitted by Pat Barry

Please go to the OWA website for additional details on each trip.

[CLICK HERE](#)

Or go to <http://oregonwhitewater.org/calendar/trip-calendar>



1.1 Sun	Sandy River	II/III	Val Shaul	val.shaul@frontier.com	503-805-8991
1.28 Sat	Siletz River	III/IV	Tom Riggs	triggs@ashland.com	503-647-0690
2.18-20 Sat-Mon	Rogue River	III/IV	Bee Tyree	dillflet@comcast.net	503-753-4081
3.16-18 Fri-Sun	Rogue River	III/IV	Rick Carman	frederickcarman@comcast.net	503-642-9347
3.24-26 Sat-Mon	Lower Deschutes	III	Scott Ogren	scott@scottogren.com	503-267-9785
3.26-30 Mon-Fri	Owyhee River	III/IV	Dan Alsup	rivermandan2698@yahoo.com	503-888-0569
4.14 Sat	Deschutes River	III/IV	Tom Hanson	TJHRafter@earthlink.net	503-201-4428
4.20-22 Fri-Sun	Lower North Umpqua	II/III	Brenda Bunce	brenda.bunce@gmail.com	360-931-4224
5.5 Sat	Green River Cleanup	III	Lyles Larkin	ik4fun@comcast.net	
5.11-13 Fri-Sun	Grand Ronde	III	Eric/Candace Ball	balle@pocketinet.com	509-525-6134
5.12 Sat	Lower Cispus	II/III	Tina/Eric Myren	tnemyren@gmail.com	
5.18-21 Fri-Mon	Rogue River	III/IV	Van McKay	vanm1@aol.com	360-737-3148
5.26-27 Sat-Sun	Riverfest on the Deschutes	III/IV	Christie Amaral	info@maupinriverfest.com	541-993-1708
5.26-27 Sat-Sun	Lochsa River	IV/V	Steve Herring	stevenh@tektronix.com	503-646-6100
6.1-3 Fri-Sun	Upper North Umpqua River	III/IV	Suzie Richards	suzir47@gmail.com	360-601-0898
6.9 Sat	Klickitat River	III/III+	Doug Smith	Doug Smith	503-232-5285
6.15-17 Fri-Sun	Lower Deschutes	III	Carol Beatty	caroldon1@comcast.net	503-816-6172

509-525-6134

7.13-15 Fri-Sun	Lower Salmon	III/IV	Eric/Candace Ball	balle@pocketinet.com	509-525-6134
7.14-15 Sat-Sun	Lower Salmon	III/IV	Tom Riggs	trriggs@ashland.com	503-647-0690
7.19-22 Thu-Sun	McKenzie River	III	Brenda Bunce	brenda.bunce@gmail.com	360-931-4224
8.31-9.3 Fri-Mon	Main Payette River	II-V	Dave Nissen	Madcatr@aol.com	509-947-1862
9.15-17 Sat-Mon	Hell's Canyon	III-IV	Mike Moses	mtymo_@hotmail.com	509-240-4220
9.22 Sat	North Santiam River	III	Rick Hendon	gonetothedogsinc@msn.com	503-887-4305
11.10-12 Sat-Mon	Rogue River	III/IV	Scott Ogren	scott@scottogren.com	503-267-9785

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Oregon Whitewater Association Membership Application Form

Address: _____
City, State Zip: _____

A household membership is \$28.00 for one year, from January 1 to December 31.
You may go to our website at Oregonwhitewater.org to sign up and pay your dues online.

Membership

1 Year – \$28

2 Years – \$56

3 Years – \$84

I hereby state that I wish to participate in courses and/or activities offered by Oregon Whitewater Association (OWA) a non-profit corporation. I recognize that any outdoor or aquatic activity may involve certain dangers including, but not limited to, the hazards of traveling by boat on rivers or other bodies of water, accidents, or illnesses in remote places or occurring during portages, forces of nature, and the actions of participants and other persons. I further understand and agree that without some program providing protection of its assets and its leaders, officers, and members, OWA would not be able to offer its courses and activities.

In consideration of and as part of my payment for the right to participate in the activities offered by OWA, I hereby release OWA and its leaders, officers, and members from any and all liability, claims and causes of action arising out of or in any way connected with my participation in any activities offered by OWA. I personally assume all risks in connection with these activities, and further agree to indemnify OWA and its leaders, officers, and members from all liability, claims, and courses of action which I may have arising from my participation in activities including, but not limited to those involving death, drowning, personal injury, and property damage. The terms of this agreement shall serve as a release and indemnity agreement for my heirs, assigns, personal representatives, and for all members of my family including any minors. [Parent or legal guardian must sign for all persons under eighteen (18) years of age.] This agreement is effective as of the date signed, and has no termination date. I have fully informed myself of the contents of this release and indemnity agreement by reading it before I have signed it.

All participating adult members of the household (age 18+) must sign. Guardians must sign for minors.

Participant	Printed Name	Signature
Member #1		
Member #2		
Member #3		
Member #4		

Participant	Email Address	Preferred Phone(s)
Member #1		
Member #2		
Member #3		
Member #4		

Make your check payable to the
Oregon Whitewater Association
and mail to:

Oregon Whitewater Association
P. O. Box 2137
Beaverton, Oregon 97075-2137